

Instructors, Staff and Topics

The instructors and staff of our program possess a variety of expertise, ranging from anatomy and physiology to bodywork techniques and business practices; from meditation, yoga and reiki to kinesiology. Students will be challenged to learn and think and act using critical thinking skills, a compassionate heart and well trained hands. Our faculty and staff are committed to your success as you learn to touch body, mind, and spirit as a professional massage therapist.

Core Instructors and Staff

Lurana Bain LMT, NCTM	Adjunct Faculty	Introduction to Massage, Musculoskeletal Palpation I and II, Clinic III
Joseph Baldino, DC	Adjunct Faculty	Anatomy and Physiology I and II
Sherry Bresnahan, DC	Adjunct Faculty	Theory II Pathologies, CranioSacral Therapy, Manual Lymphatic Drainage, Traditional Chinese Medicine, Acupressure
Deborah Keisler LMT, NCTM	Program Director	Introduction to Massage, Wellness, Theory I, Clinic I and II, Business Practices
Maryann Pelizza, LMT, NCTMB	Adjunct Faculty	Clinic I, II and III
Natalie Pendergrass, LMT	Adjunct Faculty	Yoga, Reflexology, Infant Massage, Reiki
Amy Tortorici PTA, LMT, NCTM	Adjunct Faculty	Introduction to Massage, Bodywork Techniques I, Theory III Applied Therapies,

Topics

Our guest instructors teach topics that include:

- ❖ Applied kinesiology
- ❖ Aromatherapy
- ❖ Connecting style massage
- ❖ Deep Tissue
- ❖ Energy healing techniques (healing touch, vibration and color)
- ❖ Myofascial Release
- ❖ Pre and post-natal massage
- ❖ Side-lying massage
- ❖ Shiatsu
- ❖ Special considerations in Massage Therapy
- ❖ Sports massage